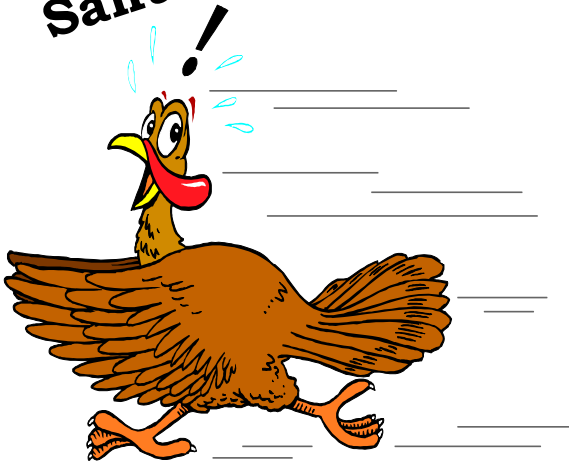


**Saturday
November 21, 2009
SANTA CRUZ
TURKEY TROT
Presented by:
Santa Cruz Track Club**



**10K/5K &
1K Kid's Run**

DISTANCE: Certified 10K and 5K Courses & 1K kids run
LOCATION: 2300 Delaware Avenue, Santa Cruz, CA
 Back Entrance to Natural Bridges
DATE: Saturday, November 21, 2009 *RAIN OR SHINE*
RACE DAY SCHEDULE: Race Registration begins 6:45 am
 1K Race begins 7:45
 5K Race begins 8:00
 10K Race begins 8:45
 Course Closes 10:15

COURSE: Flat and fast out and back courses that begin & end on Delaware Street by the back entrance to Natural Bridges.

DIVISIONS: 10K and 5K have 5 year age groups; 4 and under, 5-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
 1k Kids Run: 0-4, 5-8, & 9-12

AWARDS and PRIZES: Awards for top 3 age-group winners. Ribbons for all Kid's.

REGISTRATION FEES:

10K & 5K Postmarked by 11/16/09 \$20 Race Day \$25
 1K Kids Run (12 and under) \$5 Please Note: ADD \$5 for socks
 Please make checks payable to SCTC (Santa Cruz Track Club)

RACE NUMBERS: Race numbers and registration available on race day only. Race numbers and confirmations will NOT be mailed.

Sock(s) are not guaranteed at Race Day Registration!

DIRECTIONS: Take Mission Street (Hwy 1) in Santa Cruz north towards Half Moon Bay. Turn left at stop light on Swift Street (look for 7/11 on left). Then turn right at stop sign on Delaware.

FOR MORE INFORMATION: Hotline: Diane Delucchi at or delucch@yahoo.com or (831) 345-9399 or check the SCTC website; santacruztrackclub.com Registration also available on Active.com

Wanna join the Track Club?
 santacruztrackclub.com or call: 831-345-9399

Make Checks Payable to: SCTC (fees are non-refundable) Mail Checks to: Santa Cruz Track Club, 350 Village Creek Road, Aptos, Ca 95003

_____	M F	S/M L/XL	1K 5K 10K	_____	<input type="text"/>
Age on Race Day	Circle Sex	Circle Sock Size	Circle Race	Phone	BIB NUMBER
		S/M: Women 5-9 or Men 6-10			
		L/XL: Women 9-13 or Men 10-14			

 First Name Last Name Email Address

 Street Address City State Zip Code

WAIVER OF LIABILITY: In consideration of participating in this event, I hereby indemnify and hold harmless and release the Santa Cruz Track Club, the City of Santa Cruz, their agents and employees, from any and all liability for any injury suffered by myself or my minor child arising from or connected with this race and I assume all risk for any injuries received. I acknowledge that I will obey all race rules and adhere to the established race course and understand that any deviation from the race course may result in disqualification and or citation for traffic violations. I further acknowledge that I am solely responsible and assume all liability for any accident and all injuries which may result from my deviation of the prescribed race course.

X _____
 ALL ENTRANTS MUST SIGN WAIVER (Parent or Guardian if under 18) DATE